

POLESTAR PILATES MENTORS/EDUCTORS - AUSTRALIA

Name	SURNAME	State	Title	Mentoring IN	Email	Mobile	Studio Phone	Studio Phone	Studio Address
Louise	Kan	ACT	Educator	Mat, Studio, Reformer	louise@polestarpilates.com.au	0417 040 974		Centre Space Pilates	18 Jansz Cres Griffith 2603
Claire	Gunther	ACT	Ass Educator	Mat, Studio, Reformer	claire@pilatescan.com.au	0409 592 229	0419 777 477	PilatesCan Manuka PilatesCan Woden	Level 1, Manuka Arcade, 22 Franklin Street, Manuka ACT 2603 Level 2, Canberra Health Point, 16 Wilbow Street, Woden ACT 2607
Ashlee	Bye	ACT	Mentor	Mat	ashlee.sam@hotmail.com	0407 488 756	02 6253 2388	Clinic 88 Pilates	2A Lawry Place, Macquarie ACT 2614
Melanie	North	NT	Mentor	Mat, Studio, Reformer	melanieknorth@icloud.com info@encorepilates.com.au	0433 587 075 0417 003 974		Encore Pilates	47 Stewart Hwy, Stuart Park, Darwin NT
Joanne	Bezzina	NSW	Educator	Mat, Studio, Reformer	joanne@polestarpilates.com.au	0407 485 468		Pilates on George	Suite 16a, Level 9, 428 George Street Sydney, NSW 2000
Catherine	Giannitto	NSW	Educator	Mat, Studio, Reformer	catherine@polestarpilates.com.au	0416 117 069	02 9091 9400	Polestar Pilates	Grd Floor, Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100
Luisa	Saiter Lins	NSW	Educator	Mat, Studio, Reformer	luisa@polestarpilates.com	0411 314 956		Plank Pilates	Suite 1/6-8 Waterloo Street, Narrabeen NSW 2101
Debbie	Thomas	NSW	Educator	Mat, Studio, Reformer	deborah@polestarpilates.com.au	0419 244 075	02 9091 9400	Polestar Pilates	Grd Floor, Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100
Lissie	Field	NSW	Educator	Mat, Studio, Reformer	lissie@polestarpilates.com	0414 583 872	02 9091 9400	Polestar Pilates	Grd Floor, Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100
Sarah	Barrett	NSW	Educator	Mat, Studio, Reformer	sarah@polestarpilates.com.au	0407 998 443	02 9091 9400	Polestar Pilates	Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100
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Carrie	Guest	NSW	Ass Educator	Mat, Studio, Reformer	hello@thepilatesnook.com.au	0410 903 871	0410 903 871	The Pilates Nook	38C Macpherson Street, Bronte NSW 2024
Katherine	Smith	NSW	Ass Educator	Studio	info@pilatesrefinery.com.au	0416 345 967		The Pilates Refinery	1/25 Daley Avenue, Pagewood NSW 2035
Karen	Lee	NSW	Ass Educator	Mat, Studio, Reformer	karen.lee.at.manly@gmail.com	0431 349 597	02 9091 9400	Polestar Pilates	Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100
Lana	Johnson	NSW	Ass Educator	Studio/Rehab	lane@bpstensegrity.com	0424 972 386	02 8544 1757	BPS Tensegrity	Unit 16, 70-72 Captain Cook Drive, Taren Point, NSW 2229
Karin-Anne	Abercrombie	NSW	Mentor	Mat, Studio, Reformer	karin_abercrombie@hotmail.com	0420479 936		The Pilates Boutique	10 Daisy St North Balgowlah 2093
Joscelyn	Baker	NSW	Mentor	Mat, Studio, Reformer	joscelyntbaker@gmail.com	0405 645 700	02 9091 9400 0415 715 052	Polestar Pilates Village Pilates	Unit 4, 114-120 Old Pittwater Road, Brookvale NSW 2100 7 17/15 Stanley St, St. Ives NSW 2075
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Pamela	Facundo	NSW	Mentor	Rehab, Reformer	pam_clapis@hotmail.com	0430 943 989		Mg Pilates The Pilates Nook	128A Erskineville Road, Erskineville 38C Macpherson Street, Bronte NSW 2024
Melissa	Franks	NSW	Mentor	Mat, Studio, Reformer	melissasiniawski@hotmail.com	0424 467 751		Esprit Pilates & PT	15 Macquarie Pl Glossodia NSW 2756
Shira	Rosenberg	NSW	Mentor: Rehab MIT: Mat	Studio/Rehab	shirag23@gmail.com	0414 914 796		The Pilates Nook	38C Macpherson Street, Bronte NSW 2024
Emma	Horning	NSW	Mentor	Mat, Studio, Reformer	emma_mail@hotmail.com	0420436 620	02 9968 3424	SquareOne Physio & Pilates	1/374 Sydney Road, Balgowlah NSW 2093 Lvl 1, Bridgepoint Shopping Cntr
Lucy	Watts	NSW	Mentor: Studio MIT: Mat	Studio/Rehab	studio2158@gmail.com	0413 329 270		Studio 2158	895 Old Northern Road, Dural, NSW 2158
Lauren	MCGrath	NSW	Mentor	Mat + Studio	hello@improveyou.au	0425 286 945		Improve your Pilates Studio	Home studio in Stanhope Gardens
Jenna	Hitch	NSW	Mentor	Reformer	jenna@polestarpilates.com.au	0427 982 737		Polestar Pilates Studio	32 Cross Street, Brookvale NSW 2100
Simmons	Cser	NSW	Mentor	Mat, Reformer	pilates44@gmail.com	0418 670 020		Pilates 44	1/82 George Street, Bathurst, NSW, 2795
Camila	Galvao	NSW	Mentor	Studio, Mat & Reformer	camilagalvao88@hotmail.com	0432 223 104		Plank Pilates, Narrabeen	Shop 3/1026 Pittwater Rd, Collaroy NSW 2097
Vanessa	Lee	NSW	Mat MIT: Studio	Mat + Studio	vanessaannlee1@gmail.com	0488 905 176		Plank Pilates, Narrabeen	Shop 3/1026 Pittwater Rd, Collaroy NSW 2097
Jana	Pires	NSW	Mentor: Studio MIT: Mat	Studio	teamvp@villagepilates.com.au	0408 616 758	0415 715 052	Village Pilates	Suite 7, 15-17 Stanley Street, St Ives, NSW, 2075
Dav	Cohen	NSW/QLD	Educator	All + Ref	dav@byronbaypilates.com.au		02 6685 8049	Byron Bay Pilates & Physiotherapy	Shop 5 / 130 Jonson St, Byron Bay, NSW
Kimberley	Garlick	NSW/QLD	Educator	Mat, Studio, Reformer	kimberley@polestarpilates.com.au		02 6622 0057	Northern Rivers Pilates and Remedial Massage	210 Keen Street, Lismore NSW 2480
Katherine	Ma	QLD	Educator	Mat, Studio, Reformer	katherinema@polestarpilates.com.au	0408 066 028		Pure Living Pilates	2 Executive Drive, Burleigh Waters QLD
Amanda Mentor List September 2023	Erlank	QLD	Educator	Mat, Studio, Reformer	amanda@kinectedpilates.com.au	0420308 565		Kinected Pilates Studio	18/247 David Low Way, Peregian Beach, QLD 4573

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Keely	Mancini	QLD	Educator	Mat, Studio, Reformer	keely@polestarpilates.com.au	0424 609 493			Pilates Box Wooloowin 16 Price Street Wooloowin 4030
Maddison	Garlick	NSW/QLD	Assistant Educator	Mat, Studio, Reformer	maddie_garlick@hotmail.com		02 6622 0057		Northern Rivers Pilates and Remedial Massage 210 Keen Street, Lismore NSW 2480
Kristen	Eales	QLD	Mentor MIT - Mat	Mat, Studio, Reformer	kristen.eales@thebodyrefinery.com.au	0415 445 469	07 3358 3915		The Body Refinery Unit 2/15 Lamington Street, New Farm, Qld, 4005
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Jenni	Guest	SA	Educator	Mat, Studio, Reformer	jenni@polestarpilates.com.au	0438 296 613	08 8293 1100		Smart Health Trg Svs 12/22 Richmond Rd, Keswick SA 5035
Brad	Jamieson	SA	Educator	Mat, Studio, Reformer	brad@polestarpilates.com.au	0414 781 466			Extend Pilates 193 Port Rd Queenstown SA
Kylie	Rankin	SA	Educator	Mat, Studio, Reformer	kylie@pivotalphysio.com.au	0408 498 170	08 8342 5593		Pivotal Physiotherapy and Pilates 133 Archer St North Adelaide, SA
Melissa	Anderson	SA	Mentor	Mat, Studio, Reformer	melissa@korpermotuspilates.com.au	0409 837 729			Korpermotus Pilates Level 1, 123 Unley Road, Unley 5061
Emma	Fletcher	SA	MIT: Mat Mentor: Studio	Studio	fletcher.emma@me.com	0467 601 501	08 88252862		Advanced Physio Solution 21 Ellen Street, Moonta, SA
Kelsy	Gous	SA	Mentor	Mat	kelsey.gous@outlook.com	0418 141 151	08 8293 1100		Smart Health Trg Svs 12/22 Richmond Rd, Keswick SA 5035
Serena	Murphy	SA	Mentor	Studio/Rehab	info@physioandpilatesatthebay.com.au	0421 939 224			Physio and Pilates at the Bay 118 Partridge St, Glenelg South 5045
Phil	Ladlow	TAS	Educator	Studio/Rehab	phil@polestarpilates.com.au	0407 060 254	03 6224 9777		AllCare Physiotherapy 68 Sandy Bay Road, Sandy Bay TAS 7005
Jude	Hillhouse	TAS	Mentor	Mat, Studio, Reformer	judehillhouse@gmail.com	0418 820 430			The Body Loft
Natalie	Whish-Wilson	TAS	Mentor	Mat, Studio, Reformer	Natalie@inbalancephysio.com.au	0437 707 123	03 6334 4766		In-Balance Physio & Pilates 18-20 Paterson St, Launceston TAS 7250
Nicholas	Allan	VIC	Educator	Studio/Rehab	nicholas@polestarpilates.com.au	0402 128 308	03 9606 0600		Winter Sports Physiotherapy Level 2, The Obrien Group Arena 105 Pearl River Road, DOCKLANDS, VIC 3008
Lochie	Ngo	VIC	Educator	Mat, Studio, Reformer	lochie@polestarpilates.com.au	0422 545 114	03 9428 3330		Dynamic Stability Level 1, 161-165 Swan St, RICHMOND, VIC, 3121 Suite 5-7, 83 Glen Eira Road, RIPPONLEA 3185
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Karin	Krouse	VIC	Asst Ed/Mentor	Mat, Studio, Reformer	karinkrouse@bigpond.com	0404 137 092	03 9428 3330 03 9482 1177		Dynamic Stability Body Centre Pilates Level 1, 161-165 Swan St, RICHMOND, VIC 3121 268 Wingrove St, Fairfield, VIC 3078
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Sharon	van Geelen	VIC	Mentor	Mat, Reformer	sharonvangeelen@outlook.com	0402 890 581			Move at Will Move Move 19 Princeton Drive, Keysborough 3173 2/168 Chesterville Rd, Cheltenham VIC 3192
Marta	Van Heerden	VIC	Mentor	Mat, Studio/Rehab	solymosimarta@yahoo.co.uk	0477 727 337			Precision Pilates Parkdale 147 Como Parade E, Parkdale VIC 3195
Kirsty	Moody	VIC	Mentor	Studio/Rehab	info@equilibriumpilates.com.au	0419 296 555			Equilibrium Pilates Romsey and Woodend
Cindy	Davis	WA	Educator	Studio/Rehab	cindy@polestarpilates.com.au	0422 717 717	08 9228 2778 08 9286 1000		Performance Pilates & Physio 189 Carr Place, Leederville WA 6007 110 Napier St, Cottesloe WA 6011
Renee	Hamersley	WA	Educator	Mat, Reformer	renee@polestarpilates.com.au	0415 316 564			RENZ Pilates Cottesloe WA 6011 (PO Box 819)
Audrey	Ng	WA	Educator	Mat, Studio, Reformer	audrey@polestarpilates.com.au	0407 407 531	08 9228 2778		Performance Pilates & Physio 189 Carr Place, Leederville WA 6007
Lisa	Nikolich	WA	Educator	Mat, Studio, Reformer	lisan@polestarpilates.com.au	0400 830 645	08 9227 6641		Perth Pilates Studio 7 Scarborough Beach Rd, North Perth WA 6006
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Vivian	Dias Lopes	WA	Educator	Mat, Studio, Reformer	vivian@polestarpilates.com.au	0449 702 206	08 9227 6641		Perth Pilates Studio 7 Scarborough Beach Rd, North Perth WA 6006
Jen	Cooksey	WA	Educator	Mat, Studio, Reformer	jenc@polestarpilates.com.au	0412 164 454	08 9227 6641		Perth Pilates Studio 7 Scarborough Beach Rd, North Perth WA 6006
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Sarah	Ashe	WA	Mentor	Mat	sarah@feather-stone.com.au	0402 471 931		FeatherStone Pilates	16 Lochee St, Mosman Park WA 6012
Luisse	Francesca	WA	Mentor: Mat MIT: Studio	Mat, Reformer	luisse.francesca@yahoo.com	0417 030 000	08 9227 6641	Perth Pilates Studio	7 Scarborough Beach Rd, North Perth WA 6006
Janine	Murray	WA	Mentor MIT: Studio	Mat	janine_murray3@hotmail.com	0433 881 003		Performance Pilates & Physio	189 Carr Place, Leederville WA 6007
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Duilia	van der Merwe	WA	Mentor	Mat, Studio, Reformer	duiliavdm@gmail.com	0488 776 325	08 9227 6641	Perth Pilates Studio	7 Scarborough Beach Rd, North Perth WA 6006
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